

## Athlete

## Cub badge

## A Three-Stage Badge



- You must try at least 4 of the 5 events.
- You must gain 24 points for Stage One; 30 points for Stage Two; 34 points for Stage Three. Points are added up across all events attempted.

|  | Stage One | Stage Two | Stage Three |
| :--- | :--- | :--- | :--- |
| Standing Long Jump | 5 points <br> 1.45 metres | 7 points <br> 1.55 metres | 10 points <br> 1.65 metres |
| 50 Metres Sprint | 5 points | 7 points | 10 points |
|  | 10 seconds | 9.5 seconds | 9 seconds |
| Ball Throw | 5 points | 7 points | 10 points |
|  | 10 metres | 25 metres | 30 metres |
| Running Long Jump | 5 points | 7 points | 10 points |
|  | 2 metres | 2.6 metres | 3.2 metres |
| High Jump | 5 points | 7 points | 10 points |
|  | 0.85 metres | 0.91 metres | 1.0 metres |

Youth name:

Parent/examiner: $\qquad$

