



Cyclist Cub badge

1. Have the regular use of a bicycle of correct size and equipped in accordance with the Road Code.
2. Demonstrate how to mount and dismount a bicycle correctly.
3. Clean and oil the bicycle and pump up the tyres.
4. Explain the need for keeping your bicycle in a roadworthy condition. Explain the consequences for not doing so.
5. Show how to mend a puncture.
6. Explain the dangers about cycling on hills.
7. Go for a short ride while the examiner watches. Demonstrate the proper hand signals and the road rules applying to bicycles.).

Youth name: _____

Parent/examiner: _____

