

## 2016 Term Three – “Always Do What is Right Not What Is Easy (Challenge Yourself)”

### A Message from the National Kea Leader

**Hello Kea Leaders and welcome to the Kea section national program for term 3 2016!**

#### A little about me

I’m delighted to have been appointed as National Kea Leader and I look forward to meeting you and your Keas during my time in this role.

I’d also like to take this opportunity to say a huge thank you to Miriam Noble who as Assistant National Kea Leader has also taken on some of the National Kea Leader responsibilities when there was no one in post. Miriam puts a lot of time and effort into Keas, including putting together these programmes, and her contribution is much appreciated!

Originally from the UK, I’ve been involved in Scouts since 2003 as a Beaver and Cub Leader, and as a Kea Leader and Group Leader in Auckland since 2014.

#### About this term

The theme for this term is “Always do what is right, not what is easy”. Doing what is right is a big part of our Scout Law, and it isn’t always easy to do the right thing. There are several activities this term that are designed to give Keas new experiences and challenge them.

You will need parent help for some activities, so organise your parent roster now – a ratio of 1 adult to 4 Keas would help to ensure safe and enjoyable activities. Don’t forget to also do your consent forms, activity intention and RAMS in plenty of time for relevant activities.

We would love to receive some photos of you and your Keas in action. Feel free to send them through or post them on our Facebook page.

Have you joined us on Facebook? If not look for the SCOUTS New Zealand National Kea Section and request to join.

***This programme has been developed for the Kea section with the school year and ages in mind as listed below – please ensure your program is aimed at this age group:***

Section	Time spent	School year	Approx age	Start/transition	End age
Keas	2 yrs	Year 1	5.5 years	Start term 4	
		Year 2			
		Year 3	7.5 years	Transition term 3	8 years

#### New Keas

When you have new children attend ask them and their parents to stay behind so you can give out their ‘Homework’ (complete first 2 pages) (Kea badge book) and for the parents “Guide to Scouting for new parents”. Complete and bring back next week. Remember to build in time for a special Investiture Ceremony when they complete the components of the Kea badge.

#### OSM & Keas Award Scheme

We have included references to the Award scheme in the programme; please record all the Keas who participated in these activities so that they can work towards achieving the Bronze, Silver and Gold Kea badge before being promoted to Cubs. You should now be making the most of the OSM website to track how and where your Keas are tracking with the Award Scheme.

Remember to use OSM to create your Events (any activities outside the Scout Den) too. By putting the columns you require in the invitation (e.g. contact numbers, special needs etc) you cut down the paperwork hugely!

**Getting ready for the term:**

- Set up your program and Award Scheme components covered each week in OSM
- Set up your Events and Invitations for the term
- Contact emergency services if you planning to have a visitor or visit one of them in week 2

Have you completed your training? If not, contact your Group Leader or Zone Kea Leader to see how you can achieve your Gilwell Woggle. By doing this, you will find support from other Leaders and receive the knowledge required to run awesome programs for your Keas.

We value your comments and feedback so we can continually improve the quality of the programmes, so please let us know how you got on, what you liked and what didn't work for you and any suggestions or ideas that you may have.

I look forward to working with you and supporting you in your role.

Yours in Scouting

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**2016 TERM 3 - Suggested Programme**

**“Always Do What is Right Not What Is Easy  
(Challenge Yourself)”**

Week	Date	Activity	Elements	Special Requirements
1	25 Jul	Sense of Belonging	<ul style="list-style-type: none"> <li>• See where we belong in our family, neighbourhood and Scouting</li> </ul>	•
2	1 Aug	Independence / Life Skills	<ul style="list-style-type: none"> <li>• National Scout Scarf Day 05/08/16</li> <li>• Show you know how to look after your scarf.</li> <li>• Practise dialling 111 in an emergency.</li> <li>• Enjoy a visit from either the Police, Fire Brigade or Ambulance</li> </ul>	•
3	8 Aug	Challenges / Confidence	<ul style="list-style-type: none"> <li>• Give Keas challenges and confidence by working together to achieve.</li> </ul>	•
4	15 Aug	Healthy Body and Mind	<ul style="list-style-type: none"> <li>• Looking at healthy food and how to keep healthy, fitness, germs and how they affect us.</li> <li>• Healthy Kea Badge</li> </ul>	•
5	22 Aug	Kea Cub Link Camp	<ul style="list-style-type: none"> <li>• Try these new things and discover and grow</li> <li>• For Keas due to go up to Cubs. A fun weekend finding out about Cubs and gaining most of your Cub badge.</li> </ul>	•
6	29 Aug	Father’s Day	<ul style="list-style-type: none"> <li>• Working together and having fun with your invited guests.</li> </ul>	•
7	5 Sep	Hobbies	<ul style="list-style-type: none"> <li>• Share your hobby with your Kea Club.</li> </ul>	<ul style="list-style-type: none"> <li>• Fun and Games book, recipe for salt dough, books –library, bowls and utensils, paper and pencils.</li> <li>• Notice to bring hobby for Show &amp; Tell.</li> </ul>
8	12 Sep	Conservation Week	<ul style="list-style-type: none"> <li>• Care for our Community and to help save our planet.</li> <li>• Please note that Conservation Week is the following week and due to Joining Together we</li> </ul>	<ul style="list-style-type: none"> <li>• Activity Intention and Parent Consent Form.</li> <li>• • Venue in the Community.</li> </ul>

## KEAS NATIONAL PROGRAMMES

			have had to bring it forward one week	<ul style="list-style-type: none"> <li>You will need craft items and other resources for wet weather alternative choices</li> </ul>
9	19 Sep	Joining Together	<ul style="list-style-type: none"> <li>Keas and their families join with the Cubs and their families to celebrate the successes of the term (Awards Ceremony) and to invest the Keas who are being promoted to Cubs.</li> </ul>	<ul style="list-style-type: none"> <li>A fun family night.</li> </ul>

Term Theme: <b>"Always Do What is Right Not What is Easy (Challenge Yourself)"</b>			
Week:	Session theme:	Resources	Timing/ Leader:
<b>1</b>	<b>All about Me</b>		
<b>Coming in activity:</b> <i>Community / My Community</i>	<p>Make a big 'Family tree' of your Scout Group. Use photos of the Keas and Kea Leaders to decorate the Kea 'branch of the tree'.</p> <p>Photos could be stuck onto real leaves or paper cut out ones. Place on the wall and ask the other sections in your Group to add their photos to their 'branch' so the Keas can see where they fit into the Group.</p>		5 mins  Duty Leader Parent Help
<b>Opening</b>	<p><b>Opening ceremony</b></p> <ul style="list-style-type: none"> <li>Welcome back to Term 3</li> <li>Kea Song</li> <li>Introduce any New Members</li> <li>Introduce theme for term.</li> </ul>		10 mins Kea Leader
<b>Game</b> <i>Community / Our World Our Country Physical</i>	<p><b>Keep The Ball (Mexico)</b></p> <p><b>Rayuela (Hopscotch)</b></p>	Soft Ball  Chalk and Stone	15 mins Parent Helpers and Leaders
<b>Key Activity</b> <i>My Community</i>	<p><b>Make and Do</b></p> <p>Make a Large Poster of your area / town (See Activity Instructions below)</p>		15 mins Kea Leader
<b>Song</b> <i>Personal Development/ Self Expression</i>	<p><b>It's A Small World After All</b></p> <p><b>Everywhere We Go</b> (Echo Song)</p>	Tune may be downloaded from <a href="http://www.bussongs.com">www.bussongs.com</a>	10 mins Kea Leader
<b>Closing</b>	<p><b>Closing Ceremony</b></p> <ul style="list-style-type: none"> <li>Thank parent helpers.</li> <li>Say a prayer or reflection or repeat the Kea Promise</li> <li>Finish with the Kea Yell</li> <li>Ask the new Keas to stay behind with their parents and give out "Where does all the Mud Come From" Group Information and Kea Badge Book</li> </ul>		5 mins Kea Leader
Resources	Soft Ball, Chalk and Stone		
Notes			

## Games -

### Keep the Ball (Mexico)

#### How to Play

To play this game, you form two teams. There is no limit on the number of players. It's played with your hands and sometimes with your feet. You play with a soft ball and before the game, you decide the rules: for example, the time of the game and the size of the field.

The game starts when somebody throws the ball up to the sky. The player who catches the ball has to keep the ball for his team. He has to throw the ball to his partners and each person on the opposite team has to try to 'steal' the ball. You can't return the ball to the person who gives it to you.

When the time is up, the team that has kept the ball wins.

### Rayuela (Hopscotch) (Columbia):

#### How to Play

There can be any number of players, and a stone is the only object you need to play it.

If you are the first player, you draw a figure on the floor with a piece of chalk. Then you throw the stone inside square one.

After that, you have to hop into each square, starting with square 1 and ending in square eight. If there are two squares together, you jump landing with one foot in each square; but if there is only one square, you must hop on one foot.

When you reach squares 7 and 8, you have to turn back jumping again until square 1. Then you continue playing the next level.

This time you begin by throwing the stone into square number 2. In the next level, you throw it into square number 3. You continue until level 8.

The first player who does all the levels is the winner. The most important thing is that the player has to skip the square where the stone is.

#### Special Rules of the Game

The game has some rules. If any of the following things happen, the player has to stop and another player takes a turn. The player can't put his/her foot or feet on the lines of the square. The player can't jump with two feet in squares 1, 2, 3, and 6. The player can't fall down.

**Activity Instructions: Make 'n Do:**

- Make a large poster of your area / town.
- Have paper houses ready for Keas to colour in and put the name and address on.
- Have Keas attach houses to the poster to show where they live.
- Also get Keas to mark where the Scout Den is and other well-known local places (i.e. Fire station, Police station, Supermarket etc.)

OR

**Make a Pin Cushion** (to practise stitching).

Equipment:

A small square of felt Sewing needle and thread Soft Filler for the centre

Method:

Fold the square in half to form a rectangle or triangle, and pin the sides together.

Practice different stitches around the edge of the "cushion" – leave a gap at the end to enable the cushion to be turned inside out and filler to be inserted.

Finish off the cushion by sewing the remainder of the edge to close.

Insert pins (preferably large ones with coloured tops).

Outcomes:

Place your badges on to the blanket and pin them in place

Use the stitch that you feel most comfortable with and secure the badges.

Traditionally, the blanket belongs to the person who sews on the badges

## Songs

### **It's a small world after all:**

Tune may be downloaded from [www.bussongs.com](http://www.bussongs.com)

It's a Small World (After All)  
It's a world of laughter  
A world of tears  
It's a world of hopes  
And a world of fears  
There's so much that we share  
That it's time we're aware  
It's a small world after all  
It's a small world after all  
It's a small world after all  
It's a small world after all  
It's a small, small world

### **Everywhere we go: (Echo song)**

Everywhere we go people always ask us  
ho we are  
And we tell them we are the Kea Scouts  
The cheeky little Kea Scouts  
And if they don't hear us  
We will shout a little louder  
(Repeat twice each time getting louder)  
Last time replace last line with  
'They must be deaf'



Term Theme: <b>"Always Do What is Right Not What is Easy (Challenge Yourself)"</b>			
Week:	Session theme:	Resources	Timing/ Leader:
<b>2</b>	<b>What To Do In An Emergency</b>		
<b>Coming in activity:</b> <i>Outdoors / Campcraft</i>	<ul style="list-style-type: none"> <li>Keas should all have their nicely washed scarves. Keas learn how to iron their Scarves and how to roll them and learn how to wear their scarf with pride</li> <li>Keas to ice Round Wine Biscuits and top with 100's and 1000's to share with today's visitor</li> <li></li> </ul>		5 mins Duty Leader Parent Help
<b>Opening</b>	<b>Opening ceremony</b> <ul style="list-style-type: none"> <li>Welcome Keas &amp; Parents</li> <li>Kea Song</li> <li>Introduce any New Members</li> </ul>		10 mins Kea Leader
<b>Game</b> <i>Community Personal Development New Experiences</i>	<b>In an Emergency Call 111 Game:</b> (See Game Instructions below)		25 mins Parent Helpers and Leaders
<b>Key Activity</b> <i>Visitor from Emergency Services</i>	<b>Have someone from NZ Fire Service, St John Ambulance, Red Cross come and talk to the Keas</b>		10 mins
<b>Game</b> <i>Cornerstone</i>	<b>My Life Skills</b> (See Game Instructions below)		10 mins Kea Leader
<b>Closing</b>	<b>Closing Ceremony</b> <ul style="list-style-type: none"> <li>Hand Out Notices for Bring a Friend Night next week</li> <li>Thank parent helpers.</li> <li>Say a prayer or reflection or repeat the Kea Promise</li> <li>Finish with the Kea Yell</li> </ul>		5 mins Kea Leader
Resources			
Notes			

## Games -

### In an Emergency Call 111 Game

- 111 calls are free from cellphones, landlines and phone boxes.
- You can still call 111 even if you have run out of money on your cellphone.
- Dial 111.
- Your call will be answered by Telecom. The operator will ask which service you require.
- You answer clearly – Fire or Ambulance or Police.
- The operator will then connect you to the Service you require.
- When the Emergency Services operator answers you should say – my name is ????? (John Brown), I live at ????? (10 Smith Street, Happytown), my phone number is ????? (555 6171) and then state what the emergency is (my Mum has tripped down the stairs and has hurt her leg).
- Answer the questions the operator asks you in the order they ask you and as accurate as you can. • If you live in the country know what your Rapid Rural number is.
- Be clear about where the Emergency Services are required – could be your house or the neighbours.
- Stay calm and stay on the line until the operator has got all the information required and told you that the Emergency Service is on it's way.
- Send someone to the letter box or end of driveway to let the Emergency Services see where they need to go.

You could also Invite a Policeman / Ambulance Officer / Fireman to also come along and talk to your Keas about Road Safety, What to do in case of Accident or fire

### My Life Skills

Leader calls out following things and Kea acts it out. Some ideas below:

- Brushing Teeth
- Washing Hair
- Having a shower / bath
- Washing the dishes
- Making a cake
- Washing the car

Term Theme: <b>"Always Do What is Right Not What is Easy (Challenge Yourself)"</b>			
Week:	Session theme:	Resources	Timing/Leader:
<b>3</b>	<b>Challenging Myself – Team Player</b>		
<b>Coming in activity:</b> <i>Community / My Community</i>	The Kea Challenge to start the night off is to see what Kea can find the most rubbish from outside the Scout Hall. Keas must have a bag to put the rubbish into and be wearing gloves		5 mins Duty Leader Parent Help
<b>Opening</b>	<b>Opening ceremony</b> <ul style="list-style-type: none"> <li>• Welcome to Keas, Parents and Friends</li> <li>• Kea Song</li> <li>• Introduce any New Members</li> </ul>		5 mins Kea Leader
<b>Key Activity</b> <i>Physical Activities</i>	<b>Kea Challenge Night</b> (See Activity Instructions below)		50 mins Kea Leader Parent Help
<b>Closing</b>	<b>Closing Ceremony</b> <ul style="list-style-type: none"> <li>• Thank parent helpers.</li> <li>• Say a prayer or Special Thoughts</li> <li>• Notices</li> <li>• Repeat Motto and Promise together</li> <li>• Finish with the Kea Yell</li> </ul>		5 mins Kea Leader
Resources			
Notes			

## Activity Instructions:

### Kea Challenge

Depending on the number of Keas you may want to split them into posses and have several bases with a few challenges at each base, or do them as one big group. Example challenges are below, or invent your own.

Set a table setting – Keas make a place setting to show they know how to set the table for dinner	Placemat, knife, fork, spoon, cup, plate
Show how to call the emergency services – Keas tell the Leader what number to call and what information to give	
Taste test – blindfold each Kea (use their scarf) and give them items to taste and guess what it is	Kea scarves, selection of things to taste e.g. chopped fruit, veg, marshmallow
Touch test – Put items in boxes. Keas reach in a box one by one and write their guess of what's in the box on a piece of paper.	Boxes, items to go in boxes e.g. a piece of rope, a pencil, playdoh etc.
Say hello in French – Bonjour	
Tie a reef knot	Pieces of string
How many star jumps can you do in a minute?	Stopwatch or some way to time the Keas
Fold clothes correctly	Different clothes to be folded e.g. t-shirt, shorts
Describe three important ways to stay safe outdoors e.g. appropriate clothing and footwear, enough food and water, letting someone know where we're going, consulting weather forecast, keeping in a group	You could have props if you wish
Kim's Game – Have a table with 10 items you would take on a Kea sleepover. Cover them with a towel/sheet. Uncover the items and give Keas a minute to memorise as many as they can, then cover the items up again. Ask them to write down or tell you all the items they can remember.	10 items you would take on a sleepover. Table Towel/sheet
Describe what you would do to make a new Kea feel welcome	
Make a sandwich (and eat it) Get Keas to wash hands first	Bread, margarine, fillings, knife to spread marg chopping board, napkins
How many marshmallows can you fit in your mouth without chewing and still say the Kea motto?	Marshmallows

Term Theme: <b>"Always Do What is Right Not What is Easy (Challenge Yourself)"</b>			
Week: <b>4</b>	Session theme: <b>My Health, My Body</b>	Resources	Timing/ Leader:
<b>Coming in activity:</b> <i>Physical</i>	<p>Make a big Healthy Eating Poster</p> <p>Get Keas to look through magazines and cut out pictures of healthy and unhealthy foods from adverts, stories and cooking recipes, or ask them the week before to collect some pictures and bring with them to Keas.</p> <p>Ask Keas what they know about healthy and unhealthy food. What foods are healthy? Why do we need to eat healthy food?</p> <p>Give each Kea a piece of paper, or Keas can work in small groups. Create a poster using their pictures, showing healthy and unhealthy foods</p>		5 mins  Duty Leader Parent Help
<b>Opening</b>	<p><b>Opening ceremony</b></p> <ul style="list-style-type: none"> <li>• Welcome Keas &amp; Parents</li> <li>• Kea Song</li> <li>• Introduce any New Members from Bring A Friend Night</li> </ul>		5 mins Kea Leader
<b>Game</b> <i>Physical</i> <i>Bronze Kea Badge</i> <i>New Experience</i>	<p><b>Fruit Salad Game</b> (See Game Instructions below)</p>		10 mins Parent Helpers and Leaders
<b>Key Activity</b> <i>Cornerstone</i>	<p><b>Finish Poster</b></p> <p>Once Poster is completed they could share their poster with the other Keas and explain the Healthy and Non Healthy Foods to the rest of their Kea Club</p>		20 mins Kea Leader
<b>Activity</b> <i>Cornerstone</i>	<p><b>Fruit Kebabs</b> (See Activity Instructions below)</p>		20 mins Kea Leader
<b>Closing</b>	<p><b>Closing Ceremony</b></p> <ul style="list-style-type: none"> <li>• Thank parent helpers.</li> <li>• Say a prayer or reflection or repeat the Kea Promise</li> <li>• Finish with the Kea Yell</li> <li>• Ask the new Keas to stay behind with their parents and give out "Where does all the Mud Come From" Group Information and Kea Badge Book</li> </ul>		5 mins Kea Leader
Resources			
Notes			

## Games -

### Fruit salad – Game

Keas sit in two lines facing each other with their legs stretched out and feet touching the feet of the person opposite them. There should be a gap between each pair.

Give each pair of Keas a name of a fruit e.g. apple, banana, kiwifruit, strawberry etc.

The Leader calls out a fruit e.g. apple, and the pair of Keas who are apples jump up and run over the legs to the end of the line, then around the outside of the other Keas to the other end of the line until they are back at their starting point, then they sit back down.

Once they've got the hang of it you can do two or three fruits at a time.

The idea is to beat your partner back to your seat and not to step on anyone's legs.

When the Leader calls "fruit salad" everyone jumps up and runs round and sits back in the correct order.

## Activity Instructions:

### Fruit kebabs

Ask Keas in advance to bring a couple of pieces of fruit with them.

Keas wash their hands. Discuss why we need to wash our hands, when we should wash them and how to properly wash them.

Peel and cut fruit (supervised). Brush any apples and bananas with lemon juice to prevent browning.

Thread fruit onto bamboo skewers.

Put yoghurt into a large bowl with a spoon to dribble over kebabs for those that want yoghurt on theirs.

Serve on plates or napkins

Term Theme: <b>“Always Do What is Right Not What is Easy (Challenge Yourself)”</b>			
Week:	Session theme:	Resources	Timing/ Leader:
<b>5</b>	<b>My Hobbies</b>		
<b>Coming in activity:</b>	Set Up bases with Quiet Games e.g. <ul style="list-style-type: none"> <li>• Knuckle Bones</li> <li>• Pick Up Sticks</li> <li>• Dominoes</li> <li>• Dice Games</li> </ul>		5 mins  Duty Leader Parent Help
<b>Opening</b>	<b>Opening ceremony</b> <ul style="list-style-type: none"> <li>• Welcome Keas &amp; Parents</li> <li>• Kea Song</li> <li>• Introduce any New Members</li> </ul>		5 mins Kea Leader
<b>Game</b> <i>Personal Development Physical</i>	<b>Car Assembly</b> (a posse game) (See Game Instructions below)  <b>Can you draw a Dog?</b> (See Game Instructions below)		15 mins Parent Helpers and Leaders
<b>Key Activity</b> <i>Personal Development/ Life Skills / New Experiences</i>	<b>Make and Do</b> Make a model of your choice out of salt dough. This will be painted next week		20 mins Kea Leader
<b>Story Telling</b> <i>Personal Development Discovery</i>	<b>Stories about Hobbies e.g.</b> My Bother Bert – Ted Hughes In My Fathers Room – Gary Crew  Other Books available at your local library		10 mins Kea Leader
<b>Closing</b>	<b>Closing Ceremony</b> <ul style="list-style-type: none"> <li>• Thank parent helpers.</li> <li>• Say a prayer or reflection or repeat the Kea Promise</li> <li>• Finish with the Kea Yell</li> </ul>		5 mins Kea Leader
Resources			
Notes			

## Games -

### Keep

#### **Car Assembly** (a posse game)

Equipment: None

Each posse sits at one end of the hall. Each Kea in the posse is given the name of a part of a car e.g. one might be a battery, another might be tyres etc.

When the leader calls the respective part those with that part run to the other end of the hall and back again. First back gets a point.

Sometimes the call is "the car is complete" and all race up and back.

Variation: use names of cars and have an appropriate action e.g. Ferrari – fast: Model T – walks: Brother's old bomb – hops: Mini – zooms through legs.

#### **Can you draw a dog?**

Equipment: Large sheet of paper and pencil in front of each posse.

Each Kea in the posse has to run out in turn and make one straight line so that when each Kea has had a turn, a dog has been drawn.

Only straight strokes are allowed.

Alternatively the posse may continue through again as necessary until their dog is complete.

## Activity Instructions:

### **Recipe For Salt Dough**

Ingredients: For 5 children

2 cups of plain flour

1 cup of salt

2 table spoon oil

Approx  $\frac{3}{4}$  cup of water

Place salt and flour into bowl. Add oil. Add water and mix well.

Gather into a ball and knead dough on a lightly floured surface until it is smooth and elastic and won't stick to your hands.

If dough is too sticky add flour and salt in the right proportions i.e. 2:1

Make your creation (could be an animal, a face or a decoration)

Models can be air dried or baked in a low oven to dry out – 90degC.

Paint and when dry, seal with polyurethane varnish.

Advice: put model on to baking paper and write Keas name next to it. Warning: due to salt dough containing a lot of salt it is NOT EDIBLE.



Term Theme: <b>"Always Do What is Right Not What is Easy (Challenge Yourself)"</b>			
Week:	Session theme:	Resources	Timing/ Leader:
<b>6</b>	<b>Father's Day</b>		
<b>Coming in activity:</b> <i>Outdoors – Water Skills – test Buoyancy</i>	Make a crafty raft		5 mins Duty Leader Parent Help
<b>Opening</b>	<b>Opening ceremony</b> <ul style="list-style-type: none"> <li>• Welcome Keas &amp; Parents</li> <li>• Kea Song</li> <li>• Introduce any New Members</li> </ul>		5 mins Kea Leader
<b>Game</b> <i>Physical Activities Personal Development</i>	<b>Reverse Hockey</b> or <b>Duster Hockey</b>		10 mins Parent Helpers and Leaders
<b>Story</b>	<b>Froggy's Day with Dad</b> – Jonathan London Or <b>Father Daze</b> – Tom Bradley  Other books available from your Library		10 mins Kea Leader
<b>Key Activity</b> <i>Community Helping Others</i>	<b>Make and Do</b> Build a Bird House with your invited guest		25 mins Kea Leader
<b>Poem</b> <i>Self Expression</i>	<b>Walk A Little Slower Daddy</b>		5 mins
<b>Closing</b>	<b>Closing Ceremony</b> <ul style="list-style-type: none"> <li>• Thank parent helpers.</li> <li>• Say a prayer or reflection or repeat the Kea Promise</li> <li>• Finish with the Kea Yell</li> </ul>		5 mins Kea Leader
Resources			
Notes			

## Games -

### Reverse Hockey

Equipment: Soccer type ball

How to Play

Divide the Keas into two teams and number them from alternate ends.

One goal is indicated at each end.

A number is called and the Keas with that number rush out and heel the ball towards their respective goal.

### Duster Hockey (Team game - indoors )

Equipment: Two "hockey sticks" (rolled up magazines are ideal) A small ball

How to Play

Two teams face each other across the room. They are numbered from opposite ends. Sticks and ball are placed in the centre and a goal is marked at each end.

The leader calls a number and the two opponents with that number rush out to the centre, grab a stick and endeavour to score in their respective goals.

When a goal is scored the sticks and ball are placed in the centre again and a new number is called.

For variation more than one number can be called at once. For this you will need extra sticks.

## Activity Instructions:

### How To Make A Bird House (a one season bird house)

What you need: Milk or juice carton Stapler and staples Masking tape Brown shoe polish Scissors Twine

What you do:

Clean and dry the milk carton thoroughly.

Staple the top of the carton shut.

Tear off small pieces of masking tape and cover the entire carton with the pieces of tape.

Using a soft cloth, rub brown shoe polish all over the tape. This will give the carton a rough, bark-like finish.

Cut a hole (WITH ADULT ASSISTANCE) about 10cms above the bottom of the carton. The hole should be approx 4cm in diameter. This hole is to let the birds get in and out of the house.

Poke a few drainage holes in the bottom of the carton and two ventilation holes in the top of the carton.

Poke a hole through the top of the feeder, string a piece of twine through the hole and hang your feeder on a tree. [www.kinderart.com/recycle/birdone.shtml](http://www.kinderart.com/recycle/birdone.shtml)

**Poem****Walk a Little Slower Daddy**

“Walk a little slower Daddy”, said a child so small,  
“I’m following in your footsteps and I don’t want to fall.  
Sometimes your steps are very fast,  
Sometimes they’re hard to see;  
So walk a little slower, Daddy, for you are leading me.  
Someday when I’m all grown up,  
You’re what I want to be;  
Then I will have a little child who’ll want to follow me.  
And I would want to lead just right,  
And know that I was true,  
So walk a little slower Daddy, for I must follow you.”

Term Theme: <b>"Always Do What is Right Not What is Easy (Challenge Yourself)"</b>			
Week:	Session theme:	Resources	Timing/Leader:
<b>7</b>	<b>My New Experiences</b>		
<b>Coming in activity:</b>	Paint Salt Dough Creations	Paint Paintbrushes Trays and Newspaper	5 mins  Duty Leader Parent Help
<b>Opening</b>	<b>Opening ceremony</b> <ul style="list-style-type: none"> <li>• Welcome Keas &amp; Parents</li> <li>• Kea Song</li> <li>• Introduce any New Members</li> </ul>		5 mins Kea Leader
<b>Game</b> <i>Community / Our World Our Country Physical</i>	Dutch Football Earth, Water, Air and Fire Birds Fly Fish and Net		10 mins Parent Helpers and Leaders
<b>Key Activity</b>  <i>Life Skills Social Skills</i>	<b>Show &amp; Tell</b> Balloons Snow Storm Or Hold Water Upside Down		20 mins Kea Leader
<b>Activity</b>	<b>Work together to put up a basic Hike Tent</b>		20 mins Kea Leader
<b>Closing</b>	<b>Closing Ceremony</b> <ul style="list-style-type: none"> <li>• Thank parent helpers.</li> <li>• Say a prayer or reflection or repeat the Kea Promise</li> <li>• Finish with the Kea Yell</li> </ul>		5 mins Kea Leader
Resources			
Notes			

## Games -

### Dutch Football

- Indoors
- Equipment: Piece of chalk; 4 balls
- Formation: Teams

The room is divided into four sections with chalked lines. The Keas are divided into four teams, one standing in each section with a ball.

On the word 'GO', all the Keas must hop on one leg and endeavour to keep the balls out of their section by kicking them with the foot they are hopping on.

On the call 'KEAS', they must all stop dead where they are and any section that has no balls gets a point.

The leader should be quick to notice where the balls are when 'KEAS' is called, as the balls may easily roll into another section. For this reason, sock balls are recommended instead of ordinary ones.

### Birds Fly

The Leader tells the Keas to flap their arms up and down when he/she names something that flies. When he/she mentions something that doesn't fly, the Keas must stay still.

Those who make a mistake must drop out. To confuse things the Leader flaps their arms at every command.

The commands should be given in quick succession, e.g., ducks fly, geese fly, pigs fly.

### Earth, Water, Air and Fire

- Indoors/outdoors
- Equipment: 1 bean bag
- Formation: circle

The Keas sit in a circle with one Kea in the centre holding the bean bag. The throws the bag at someone and shouts 'Earth!', 'Water!', 'Air!' or 'Fire!'

If it is 'Earth', the chosen Kea must reply with the name of the animal, before the centre Kea counts to ten.

If it is 'Water!', he must think of a fish, if 'Air!' - a bird and if 'Fire' - whistle for the Fire Engine.

Note: Once a creature has been named, it may not be called again. If the Kea cannot reply in time, he changes places with the thrower.

### Fish and Net

Three to five Keas join hands to catch fish by surrounding individual Keas.

Those who are caught become a part of the net. The last three to five caught make up the net for the new game.

## Activity Instructions:

### Balloon Snowstorm

Making static electricity is easier on cold, dry days. On warm, humid days, the air itself is full of static.

1. Blow up a balloon quite hard and tie neck. Do not blow your balloon up so hard that it bursts. But make sure it is fairly hard, since a soft, squashy balloon does not work.
2. Make some "snow" by tearing or cutting tissue paper into small bits. If time make "flakes" a pointed star with six sides.
3. Rub the balloon several times on your T-shirt or sweater. The balloon is now charged with static electricity.
4. Hold the balloon near the "snow". The flakes are lifted up by the electricity on the balloon. After a while, the electricity leaks away and the flakes fall softly.
5. Rub your balloon again to recharge it, then hold it near a friend's hair and see what happens. For the best effect, choose someone with longish hair.

### Hold Water Upside Down!

This experiment involves a lot of water and does not always work right the first time. So it should be performed in a suitable waterproof area. Use a plastic tumbler and bowl for safety. Clean, smooth, shiny, flat card. Works less well if card becomes soggy or bent.

1. Add a little food colouring (dark) into a large bowl of water and stir. This is so you can see the water in the tumbler.
2. Draw around the rim of the tumbler onto the card. Then draw a square around the circle about 2cm larger than the circle.
3. Carefully cut out the square of card.
4. Put the tumbler into the bowl of water. Hold it under, with the open end pointing up. Make sure that it fills up completely.
5. Make sure there are no bubbles of air inside the tumbler, by tapping it. The trick will not work if there is any air in the tumbler.
6. Turn the tumbler upside down. Lift it partly out, but keep the rim under the water. Slide the card into the water and under the rim.
7. Hold the card firmly against the rim of the tumbler. Slowly lift the card and tumbler, still upside down and out of the water.
8. Hold the tumbler upside down and level. Without sliding the card, take your hand away from the card.

Term Theme: <b>"Always Do What is Right Not What is Easy (Challenge Yourself)"</b>			
Week:	Session theme:	Resources	Timing/Leader:
<b>8</b>	<b>What I Can Do For Conservation</b>		
<b>Coming in activity:</b>	Meet at your chosen Venue. Divide Keas into small groups, supervised by an adult.		5 mins Duty Leader Parent Help
<b>Opening</b>	<b>Opening ceremony</b> <ul style="list-style-type: none"> <li>• Welcome Keas &amp; Parents</li> <li>• Kea Song</li> <li>• Introduce any New Members</li> </ul>		5 mins Kea Leader
<b>Key Activity</b> <i>My Community Environment</i>	<b>Community clean up.</b> Supervise Keas on safely picking up litter.		50 mins Kea Leader Parent Helpers
<b>Closing</b>	<b>Closing Ceremony</b> <ul style="list-style-type: none"> <li>• Thank parent helpers.</li> <li>• Say a prayer or reflection or repeat the Kea Promise</li> <li>• Finish with the Kea Yell</li> </ul>		5 mins Kea Leader
Resources	Soft Ball, Chalk and Stone		
Notes			

Term Theme: <b>"Always Do What is Right Not What is Easy (Challenge Yourself)"</b>			
Week: <b>9</b>	Session theme: <b>Joining Together</b>	Resources	Timing/ Leader:
<b>Coming in activity:</b> <i>Ice Breaker</i>	<ul style="list-style-type: none"> <li>• Make up a list of questions and give to the Keas, Cubs and visitors as they come in with a pencil.</li> <li>• Keas and Cubs will need to talk to each other to find out answers to the questions.</li> <li>• Answers to each question should be the name of a Kea or Cub or Leader or Parent. Questions should read similar to: Who has been on a plane in July. Who has a sister called Kate. Whose Dad is a Cub Leader. Who goes to Brown Primary School. Etc.</li> </ul>	Question Sheets & Pencils	5 mins  Duty Leader Parent Help
<b>Opening</b>	<b>Opening ceremony</b> <ul style="list-style-type: none"> <li>• Welcome Keas &amp; Parents</li> <li>• Kea song and yell. Allow Keas in turn (one to open, one to close each week) lead the Kea Yell.</li> <li>• Also have the Cubs do Flag Break and Grand Howl.</li> <li>• Presentation of Badges achieved.</li> <li>• Include investment of Keas into Cubs.</li> <li>• Introduce any New Members</li> </ul>		5 mins Kea Leader
<b>Game</b>	Ask each Leader to take one game each		30 mins Parent Helpers and Leaders
<b>Key Activity</b> <i>My Community</i>	<b>Pot Luck or Afternoon Tea</b> Ask each family to bring a plate of food to share. Get Keas and Cubs to help clear tables and dry dishes.		40 mins Kea Leader
<b>Closing</b>	<b>Closing Ceremony</b> <ul style="list-style-type: none"> <li>• Thank parent helpers.</li> <li>• Say a prayer or special thoughts</li> <li>• Notices</li> <li>• Repeat Motto and Promise together</li> <li>• Kea Yell</li> <li>• Grand Howl and Flag down</li> </ul>		5 mins Kea Leader
Resources			
Notes			