#### 2016 TERM FOUR – "Get out, Give it a go, Be positive"

#### A Message from the National Kea Leader

Welcome to the Kea Section's National programme for Term 4, 2016. I hope you find it useful.

Welcome to all the new Keas who are joining this term - you'll see in the first week much of the programme is about getting to know each other, and the Kea Birthday.

The theme for this term is "Get out, Give it a go, Be positive" a theme that focuses on the third part of the Scout Law – Be Positive. We've got a mix of indoor and outdoor activities in the hope that you can get out and about as the weather improves, but you can change it around if needed. We've taken note of some of your feedback and you'll find included in this term some basic knots and looking for local and native birds. We'll be incorporating more of your ideas into next year's programme.

You will need Parent Help for some sessions, so organise that Parent Roster now – a ratio of 1 Adult per 4 Keas would ensure safe and enjoyable activities. Don't forget to do your appropriate Activity Intention Forms and RAMS in plenty of time if you're going offsite.

We would love to receive some photos of you and your Keas in Action - no posing or standing around photos - we want action shots! Feel free to post them onto the Kea Section Facebook page or email them to keas@scouts.org.nz for us to post.

This programme has been developed for the Kea Section with the School Year and ages in	
mind as listed below – please ensure your program is aimed at this age group:	

Section	Time Spent	School Year	Approx Age	Start/ Transition	End Age
Keas	2 years	Year 1	5.5 years	Start term 4	
		Year 2			
		Year 3	7.5 years	Transition term 3	8 years

#### **Keas Award Scheme:**

We have included references to the Award scheme in the programme; please record all the Keas who participated in these activities so that they can work towards achieving the Bronze, Silver and Gold Kea Badge before being promoted to Cubs. You should now be making the most of the OSM Website to track how and where your Keas are tracking with the Award Scheme. A simple way would be to record on your programme sheet who attended the session and later on transfer the information to their records on OSM and also the Wall Chart so Keas can see their progress. Order the badges from Scouting Direct early and present them at a special awards ceremony at the end of the term.

We value your comments and feedback so we can continually improve the quality of the programmes, so please let us know how you got on, what you liked and what didn't work for you and any suggestions or ideas that you may have.

If you haven't yet applied to join The Kea section Facebook page for Leaders do so. It is designed to exchange ideas and ask questions.

Have you completed your training? If not contact your Group Leader or Zone Kea Leader to see how you can achieve your Gilwell Woggle. By doing this, you will find support from other Leaders and receive the knowledge required to run awesome programmes for your Keas.

We hope you have a fantastic term with lots of fun.

Yours in Scouting

Caroline Perry

Miriam Noble

National Kea Leader keas@scouts.org.nz Assistant National Kea Leader miriamnoble3@gmail.com



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Term Theme:	"Get out, Give it a Go, Be Posi	tive"	
are a	ome to term 4. This week you probably have a n number of `getting to know you' games and acti or a relay, or have an obstacle course, and sing	vities. Plus tie reef k	nots and
Week: 1	Session theme: Be a friend to all	Resources	Timing/ Leader:
Coming in activity:	<ul> <li>Name badges: Get each Kea to make themselves a sticker with their name on. It could also include a picture of something they like a hobby.</li> <li>People bingo: Give each Kea a bingo sheet. Each Kea goes round asking other Keas and Leaders if they match any of the items on the sheet – if they do, they write their name in that box. The first Kea to fill all their boxes wins. If you have a big group, each person should only be used once per sheet, so you have to meet lots of different people. If you have a small group, they'll need to be used more times. You may need to help some Keas to talk to others if they are particularly shy.</li> <li>Greeting New Kea Families: You may have new Keas arriving with a Parent this week to take advantage of their Free 4 weeks, many will be 5 ½ to 6 years. Allocate them to a Posse and introduce them to their Posse Leader or a buddy who should be responsible for looking after and mentoring them. Introduce Parent Help to new Parents and encourage new Kea and their Parent to take part in coming in activity. Remember all new parents are prospective Leaders and committee members and it is best practice to have an expectation that Parents stay for at least the first 2 weeks, but preferably the first 4 weeks. Treat them as Parent help and get them joining in the moment they arrive. Invite them to stand in the circle so they feel welcome.</li> </ul>	Table, name stickers and pens Bingo sheets Pens	10 mins
<b>Opening</b> Kea Badge Bronze Badge	Opening ceremony Welcome to visitors and Parent Help. Kea Song, Yell, Motto and Promise. Introduce theme for this term and give an idea of what you will be doing over the term.		5 mins
Key Activity	Learn how to tie a reef knot or your shoe laces Have instruction diagram and show how to tie a reef knot. Instructions available at: <u>http://www.animatedknots.com/reef/#Scroll</u>	Spare shoes with laces for those that don't have any.	10 mins





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	Point		
Game/Physical	Getting to know you		10 mins
Bronze Award: Learn names	On OSM go to: Find an activity. In the search box type 'Getting to know you'. Tick the box to search all activities for all sections and locations. Getting to know you game is by Tom Dwyer and Lis Watson. OR		
	Pass the ball Follow instructions above on OSM and search for 'Pass the ball'. Game author is Caroline Perry.	Ball or balloon	
Key Activity Bronze Award: Team games PD/Physical Activities: A physical games	The reef knot relay (see activity instructions) OR Obstacle course: Set up an indoor or outdoor obstacle course using equipment at your Den	See activity instructions	15 mins
Key activity PD/Self Discovery: A Singing	Happy Birthday Keas! Keas is 37 years old this year Sing Happy Birthday to Keas	Birthday cake if you wish!	5 mins
Closing Kea Badge Bronze Badge PD/Self Discovery: C Prayer/reflection	Closing Ceremony Hand out notices for start of the term. Make sure those attending the National 37th Kea Birthday Celebrations are aware of the arrangements. Thank parent helpers. Say a prayer or reflection. Kea Motto and Promise Finish with the Kea Yell Ask new Keas and their Parents to stay behind so you can give out their 'Homework (Complete first 2 pages)' (Kea badge Book) and for the Parents 'How to get the most out of Scouting'. Complete and bring back next week.	Kea Birthday celebrations info Kea badge books Parent leaflets	5 mins
Resources			
Notes			

Term Theme:	"Get out, Give it a Go, Be Posi	tive"	
help y some	veek is based on Shakeout. We encourage you out out with this Programme. There is plenty to cho things may take longer than time specified so p Keas to do	ose from this Program	mme and
Week:	Session theme:	Resources	Timing/ Leader:
2	Shakeout		
Coming in activity:	http://www.civildefence.govt.nz/assets/Uplo ads/Shakeout/shakeout-colouring-in- turtlesafesong.pdf	Colouring sheets Pencils, Markers etc	10 mins
	http://www.civildefence.govt.nz/assets/Uplo ads/Shakeout/shakeout-colouring-in-dch.pdf		
	http://www.civildefence.govt.nz/assets/Uplo ads/Shakeout/shakeout-colouring-in-under- table.pdf		
	http://www.civildefence.govt.nz/assets/Uplo ads/Shakeout2015/Anas-colouring-in.pdf		
<b>Opening</b> Kea Badge Bronze Kea Badge	Welcome all new Keas and their parents/caregivers. Kea Song, Yell, Motto and Promise.		5 mins
Key Activity Com/My Community: E Emergency role play OR PD/Life Skills: F	Take what you want from the below link this is just an info sheet to help with the discussion on Shakeout. <u>http://www.civildefence.govt.nz/assets/Uplo</u> ads/Shakeout2015/NZShakeOut2015LessonP	As per the activities you select	10 mins
Keeping safe	lan.pdf		
Game/Physical Scientific Kea: Science experiment 1 or 2	http://www.sciencekids.co.nz/experiments/vi negarvolcano.html	Baking Soda Vinegar A container to hold everything (makes a big mess!) Paper towels or a cloth (just in case)	5 mins
Key Activity Com/My Community: E Emergency role play OR PD/Life Skills: F Keeping safe	http://www.civildefence.govt.nz/assets/Uplo ads/Shakeout2015/Anas-Jelly.pdf	Printed storybook	20 mins
Song	Turtle Safe Song https://www.youtube.com/watch?time_conti nue=9&v=1s6hfbxb0EA	http://www.civilde fence.govt.nz/asse ts/Uploads/Shakeo ut/shakeout- colouring-in-	5 mins

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		turtlesafesong.pdf has the words	
Activity Scientific Kea: Science experiment 1 or 2	Leader to have made Jelly make sure you have a round hole in the centre of the jelly pour diet coke into the hole and then add the mentos and you have a Volcano Keas enjoy eating the remains of the	Jelly Diet Coke Mentos	10 mins
Closing	volcano. Closing Ceremony		5 mins
Kea Badge Bronze Badge PD/Self Discovery: C Prayer/reflection	Thank parent helpers, prayer or special thoughts		Jinns
Resources			
Notes			

Term Theme:	"Get out, Give it a Go, Be Posi	tive"	
grues	veen is not just about trick and treating it can al ome yet fun stuff. This Programme may not be rocky horror disco.		
Week:	Session theme:	Resources	Timing/
3	Body Science/Halloween		Leader:
Coming in activity:	3D optical /illusion: https://www.youtube.com/watch?v=LewNLjR UeNE	Paper Pencils Markers	10 mins
<b>Opening</b> Kea Badge Bronze	Welcome all new Keas and their parents/caregivers. Kea Song, Yell, Motto and Promise.		5 mins
Key Activity Scientific Kea: Science experiments 1 and 2 OR PD/Self Discovery: F Creative play	Various body related science experiments – see links of ideas below, have fun make it a mad scientist night with dress up!! See below in the resources section	Depending on activities selected	40 mins
Game	Skeleton Game : http://www.activityvillage.co.uk/skeleton- game	Printed skeletons (one per player) Dice – one per posse/game	10 mins
<b>Closing</b> Kea Badge Bronze Badge PD/Self Discovery: C Prayer/reflection	<b>Closing Ceremony</b> Thank parent helpers, prayer or special thoughts		5 mins
Resources	Digestive system http://hubpages.com/education/make-poo Edible DNA: https://nz.pinterest.com/pin/431641945508791447/ Blood in Bottle: http://www.rundesroom.com/2012/10/our-classroom-was- covered-in-blood-today.html Make your own snot: http://chemistry.about.com/cs/howtos/ht/fakesnot.htm How the lungs work: https://www.smm.org/heart/lessons/lesson7.htm		
Notes			

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#### "Get out, Give it a Go, Be Positive"

Overview : Find out about Bonfire Night and enjoy a bonfire. Some activities may take longer than stated for large groups.

Week:	Session theme:	Resources	Timing/
4	Bonfire night		Leader:
Coming in activity:	Bonfire night word search - <u>http://www.activityvillage.co.uk/guy-fawkes-</u> <u>word-search</u> OR <b>Fireworks circle game</b> : On OSM, in Find activities, search for 'fireworks circle game' and tick the box to search activities from all sections and locations. Author is Linda Gill.		5 mins
<b>Opening</b> Kea Badge Bronze Badge	Opening ceremony Welcome to visitors and Parent Help. Kea Song, Yell, Motto and Promise.		5 mins
Key Activity	Make chocolate marshmallow sparklers. This activity is on OSM. In Find activities, search for 'chocolate marshmallow sparklers' and tick the box to search activities from all sections and locations. Author is Steven Moody.	Marshmallows, skewers, chocolate, sprinkles	10 mins to prepare 15 mins to set in the fridge
Key Activity	<ul> <li>History of Guy Fawkes. Tell the Keas about bonfire night and Guy Fawkes using the Guy Fawkes story resource.</li> <li>Make a Catherine Wheel using paper plates.</li> <li>This activity is on OSM. In Find activities, search for `catherine wheel craft' and tick the box to search activities from all sections and locations. Author is Jon Stell.</li> </ul>	Guy Fawkes story resource sheet Paper plates Paint Threads of sequins Star stickers Sticky tape	15 mins
Key activity PD/Life skills F: Keeping safe	Bonfire Hold your own bonfire. Leaders build a small fire (if you have a place nearby to do so and are allowed to (check fire bans)). Alternatively, make a mock campfire to have indoors using wood and orange/yellow/red cellophane. Keas gather round. Talk about safe behaviour around fires. Eat marshmallow skewers, spin the Catherine wheels and sing a campfire song or the Guy Fawkes rhyme: <i>Remember, remember the fifth of November</i> <i>Gunpowder, treason and plot.</i> <i>I see no reason, why gunpowder treason</i> <i>Should ever be forgot.</i>		20 mins





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<b>Closing</b> Kea Badge Bronze Badge PD/Self Discovery: C	<b>Closing Ceremony</b> Hand out notices. Thank parent helpers. Say a prayer or reflection. Kea Motto and Promise Finish with the Kea Yell	5 mins
Prayer/reflection		
Resources		
Notes		

# **National Programmes Activity Sheet**

Type of Activity: Bonfire Night story		Time Allowed:	5 mins
Cornerstone:	Award Scheme:		
Outdoors	-		
Personal Development	-		
Community	-		
New Experiences	-		
<b>Resources Needed:</b>	-		
Any Other Comments:	-		

#### Instructions

Guy Fawkes (1570 to 1606), also known as Guido Fawkes, was one of a group of Catholic plotters who planned, but failed, to blow up Parliament - now known as the Gunpowder Plot of 1605.

At the time, King James I was on the throne. England had broken away from the Catholic faith and the Church of Rome, but there were still many Catholics in the country. Guy Fawkes joined up with a group of Catholic plotters who planned to overthrow the King and put a Catholic monarch back on the throne.

The plotters rented space in the cellars of the House of Lords and filled it with gunpowder. Guy Fawkes was put in charge. They planned to set off the gunpowder during the opening of Parliament, on 5th November 1605. One or more of the plotters, however, were worried that some of their fellow Catholics and friends would be at the opening and get caught in the explosion, and must have written to warn them not to be there that day. We know that a certain Lord Monteagle received a letter warning him to go to the country because Parliament would "receive a terrible blow". Lord Monteagle showed the letter to the King, and the cellars were thoroughly searched and Guy Fawkes caught.

On 5th November 1605 Londoners were encouraged to celebrate the King's escape from assassination by lighting bonfires, provided that *"this testemonye of joy be carefull done without any danger or disorder"* - and indeed an Act of Parliament soon followed, declaring 5th November as a day of thanksgiving throughout the country for *"the joyful day of deliverance"*.

When we celebrate Bonfire Night now, it seems very far removed from the events of four hundred years ago! For centuries since then, communities have come together to build a big bonfire and make an effigy - a model - of Guy Fawkes using old clothes stuffed with newspaper, to burn on the bonfire (see <u>Penny</u> for the Guy).

**Fun fact:** The "guy" tradition of Bonfire Night found its way into our language, and by the 19th century the word "guy" was used to refer to a strangely dressed man. From there it was adopted into American English to refer to any man, and is of course still commonly used today!

Term Theme: "Get out, Give it a Go, Be Positive"			
some	veek is based on the Theme SunSmart. I would one from your local Cancer Organisation to com- the importance of SunSmart.		
Week: 5	Session theme: SunSmart	Resources	Timing/ Leader:
Coming in activity:	Crossword http://www.undercovercody.co.nz/crossword L	Printed crosswords Pencils, pens etc	10 mins
	Ultra violet beads. Put 2 beads onto a safety pin and pin it onto Kea the Kea goes outside and they see the beads change colour <u>https://www.teachersource.com/product/ultr</u> <u>aviolet-detecting-beads/light-color#</u>	UV beads Safety pins	
<b>Opening</b> Kea Badge Bronze Kea	Welcome all new Keas and their parents/caregivers. Kea Song, Yell, Motto and Promise.		5 mins
Key Activity Sunsmart Kea	http://www.undercovercody.co.nz/#x- section-4 SunSmart Kea resource	As per activities selected	10 mins
<b>Game/Physical</b> SunSmart Kea A – SunSmart basics	Kims Game: Have a bag full of items with sun smart / summer items such as hats, sun lotion, sun glasses, goggles, tee shirt, togs, jandals, insect repellent, watch, drink bottle to name a few <u>https://osm.scouts.org.nz/main.php?v=55bc</u> <u>fe74a862e771cd186dcb143c55f5&amp;sid=cd81c</u> 40bccf357357b61e74ba1c4c18	Items for Kims game	10 mins
<b>Guest Speaker</b> Sunsmart Kea B – Sunsmart facts	Invite someone from your local Cancer Society or Sun Smart Person to come along and talk to the Keas about Sun Smart		20 mins
<b>Song</b> PD/Self Discovery: A Singing	http://www.undercovercody.co.nz/wp- content/uploads/2015/12/UCC-Rap-Music- Lyrics.pdf http://www.undercovercody.co.nz/wp- content/uploads/2015/12/SunSmart-Rap- Song.mp3		10 mins
<b>Closing</b> Kea Badge Bronze Badge PD/Self Discovery: C Prayer/reflection	<b>Closing Ceremony</b> Thank parent helpers, prayer or special thoughts Get a Kea to thank your Invited Guest on behalf of all Keas and Leaders		5 mins
Resources	SunSmart Kea Badge – activities and resource UV bead order form	S	





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Notes	

Term Theme: "Get out, Give it a Go, Be Positive"			
Overview : Get outside and learn about some of our local birds			
Week: 6	Session theme: Discover	Resources	Timing/ Leader:
Coming in activity:	Bird colouring in pictures or wordsearch. See <u>http://www.landcareresearch.co.nz/science/</u> <u>plants-animals-fungi/animals/birds/garden-</u> <u>bird-surveys/discover-and-learn/colouring-</u> <u>in-pictures</u> .	Table, name stickers and pens	5 mins
<b>Opening</b> Kea Badge Bronze Badge	Opening ceremony Welcome to visitors and Parent Help. Kea Song, Yell, Motto and Promise. Introduce activities for the night.		5 mins
<b>Key Activity</b> <i>Make n Do</i>	Bird masks Create your own bird masks to wear on your survey Use the templates at: <u>http://www.landcareresearch.co.nz/science/</u> <u>plants-animals-fungi/animals/birds/garden-</u> <u>bird-surveys/activities-for-schools/masks</u>	Pre-printed masks Scissors Pens (if using black & white templates)	20 mins
Key Activity OD/Environment C: Nature observation activity	Either: Go outside your den or somewhere local and see how many birds you can see/hear. Use http://www.landcareresearch.co.nz/science/ plants-animals-fungi/animals/birds/garden- bird-surveys/taking-part/how-to-identify- birds to help identify them. Record on a tally like this one: http://www.landcareresearch.co.nz/ data/a ssets/pdf file/0019/120475/GBS-tally- sheet gbs.pdf OR Print pictures of the birds through the identifying birds link above, hang in trees or in other places around your den. Give each posse a sheet with pictures of birds they need to match. Walk around the area matching the birds you find to your tally sheet.	Printed resources from the links listed. RAMS/activity intention if doing your nature search off-site.	25 mins
<b>Closing</b> Kea Badge Bronze Badge PD/Self Discovery: C Prayer/reflection	<b>Closing Ceremony</b> Hand out notices. Thank parent helpers. Say a prayer or reflection. Kea Motto and Promise Finish with the Kea Yell.		5 mins





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Resources	
Notes	

Term Theme: "Get out, Give it a Go, Be Positive"			
Overview : Some elements of the Techno Kea badge			
Week: 7	Session theme: TECHNO KEA / CYBER SAFETY	Resources	Timing/ Leader:
Coming in activity: Techno Kea: 2 Technology poster	Make a Poster showing different forms of Technology Kea could draw or cut pictures from magazines or relevant advertising circulars	Magazines/ circulars Colouring Pencils/ Markers Glue	10 mins
Opening	Welcome all new Keas and their parents/caregivers. Kea Song, Yell, Motto and Promise.		5 mins
Key Activity Techno Kea1: Investigate something of interest	Investigate how something works. You may have say 3-4 bases with maybe a torch, radio, clock or an old video player maybe	Parent Helpers Items to pull apart and see the workings	35 mins
Game/Physical Bronze Kea: team game Personal development /Physical Activities: A games	Rob The Nest <u>https://osm.scouts.org.nz/main.php?v=55bc</u> <u>fe74a862e771cd186dcb143c55f5&amp;sid=cd81c</u> <u>40bccf357357b61e74ba1c4c18</u>	Hoola Hoops Tennis Balls or Balloons	5 mins
Key Activity	Talk to Keas about Cyber Safety use the UL Resources		10 mins
<b>Closing</b> Kea Badge Bronze Badge Personal development/Self Discovery: C Prayer/reflection Resources	<b>Closing Ceremony</b> Thank parent helpers, prayer or special thoughts		5 mins
Notes			







Term Theme: "Get out, Give it a Go, Be Positive"			
Overview : Spread the holiday spirit			
Week: 8	Session theme: Be a Friend to all	Resources	Timing/ Leader:
Coming in activity:	Decorate and fill out Christmas gift tag with name and kea group	Tags Tools for decorating	10 mins
<b>Opening</b> Kea Badge Bronze Kea	Welcome all new Keas and their parents/caregivers. Kea Song, Yell, Motto and Promise.		5 mins
Key Activity PD/Self Discovery: A Singing	Christmas Carols/Songs https://www.google.co.nz/search?q=christm as+songs+lyrics&espv=2&biw=1352&bih=65 4&site=webhp&tbm=isch&tbo=u&source=uni v&sa=X&ved=0ahUKEwjT Rx7_OAhVFk5QKHYcBCY0QsAQIGQ	Printed song sheets	
<b>Game/Physical</b> PD/Physical Activities: A Games	Santa says instead of Simon says Fill the stocking: <u>http://www.activityvillage.co.uk/fill-the-</u> <u>stocking</u> Pin the nose on the snowman	Fill the stocking For each team: Stocking Spoon Bowl Wrapped candy	
Bronze Kea: Team games	Blizzard: http://www.activityvillage.co.uk/blizzard	Blizzard A large supply of white polystyrene packing popcorn (peanuts) <i>For each team:</i> A small Christmassy container - eg a Santa hat A large Christmassy container - eg a box covered in wrapping paper A scoop or spade	
Key Activity Com/Helping Others: A Assist a local or national organisation/charity Com/My Community:	Carol singing in your community Either sing in your local high/main street as a section/group/zone, with a collection bucket money raised can go to local community group i.e Salvation Army, Red Cross etc <b>or</b> Set up a carol singing night at your den		





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D Combined activity F Activity in your community as a Kea Club PD/Self Discovery: A Singing E Concert	Invite your kea families and members from the local community to come along have a donation bucket at the door, money raised can go to local community group i.e Salvation Army, Red Cross etc Give a gift – kea to bring item for a local community group, Salavation army/red cross/SPCA etc Donation delivery box can be decorated by kea or the items gift wrapped by the kea in the den, xmas cards can be made. Learn a new xmas song/carol	
Closing Kea Badge Bronze Badge PD/Self Discovery: C Prayer/reflection	Closing Ceremony Thank parent helpers, prayer or special thoughts	5 mins
Resources Notes		

Term Theme:	"Get out, Give it a Go, Be Posi	tive"	
Overview : For the last night of the year, do something fun to celebrate! You can invite families, friends or organise this as a group or multi-section activity.			
Week: 9	Session theme: Christmas and Water Fun	Resources	Timing/ Leader:
Coming in activity:	<ul> <li>Melting Moments</li> <li>Freeze some Christmas/Holiday themed goodies in ice cube trays</li> <li>See how long it takes to melt them in their hands or they may figure out how to melt them faster</li> </ul>	Frozen goodies	
<b>Opening</b> Kea Badge Bronze Kea	Welcome/Kea Promise/Motto/Kea Yell		5 mins
Game/Physical Bronze Kea: team game PD/Physical Activities: A games	Pick a favourite game from the year	Dependent on activity chosen	10 mins
Key Activity Com/Helping Others: E make a gift OD/Water Skills: A Play water games Bronze Kea: team game PD/Physical Activities: A games Com/Helping others: A Resources for children in hospital/local or national charity OR F International charity	<ul> <li>Party Time! Organise some fun activities for your Keas and their families/friends. Some ideas: <ul> <li>Make a Christmas decoration/wreaths/cookies</li> <li>Run a water slide</li> <li>"Snowball" fight (adults vs kids, use screwed up paper as "snowballs", build then throw)</li> </ul> Organise/make presents for kids in need or in hospital. For example: <a href="http://shoeboxchristmas.co.nz/what-we-do-2/">http://shoeboxchristmas.co.nz/what-we-do-2/</a>, check your local area for options <ul> <li>Holiday themed treasure hunt or quiz</li> </ul></li></ul>	Dependent on activity chosen	20 mins
Game OD/Water Skills: A Play water games	Water Games: • Under and Over • Sponge Relay • Sponge tag • Liquid Limbo	WATER! Sponges Cups Buckets Hose	20 mins
<b>Closing</b> Kea Badge	Closing Ceremony     Make sure to thank your leaders and		5 mins





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Bronze Badge Personal development/Self	parent helpers for the term		
Discovery: C Prayer/reflection			
Resources	Under and over:         Required items         -Cups for each participant         -Buckets (2 per team)         -Water         In teams, youth line up one behind the other facing in the same direction Each participant has a cup.         The first in line has to fill their cup from a bucket and transfer the water to the team mate behind them without turning around and so on and so forth until the person at the end of the line who tips this into a bucket Give a certain amount of time and see who has the most in their bucket at the end.         Sponge Relay:         Required items         -Sponges (1 per team)         -Bucket (2 per team)         -Water         Each team has a sponge with an empty bucket. The team members run one at a time and soak the sponge in a bucket of water and run back to sqeeze it in their empty bucket. The dry sponge is now handed to the next in line to do the same. Give a certain amount of time and see who has the most in their bucket once the water is gone.         Sponge Tag:         Required items         -1 sponge per 'tagger'         -Bucket of water to refill sponges         Like regular 'Tag' with a twist. The 'tagger(s)' throw a wet sponge to tag someone instead. Water pistols can be used instead of sponges.		
	<b>Liquid Limbo:</b> <i>Required Items</i> -Hose Hold the hose so the stream of water is horizon	ntal(ich) and the Kea	s limbo
	underneath. Who low can they go without getting wet?		
Notes			